

Understanding Leadership: Pra	cticum Form (p	og 1)		
Section A: General Information			Decesame	
Athlete Name:				
Address: Phone:				
Mentor Name:				
Address:				
Zip: Phone:				
Section B: ALU Practicum Inform Date of Class: Instr			Due Date:	
Practicum Goals Completed: Attach reflection sheets: Homework: Wrap Up Refl Practicum Reflection Que	·		•	
Section C: Mentor Observation Please have your mentor or c you did for your practicum.	ounty coordina	ator provid	le a brief summary ab	out the work
Section D: Approval				
Must be signed below:				
Signature of ALU Athlete	Date	Signature	of Mentor	Date
	Date	 Signature	of ALU Coordinator	Date
Please submit completed appli	cation to:			
1. ALU@soindiana.org	OR	6200 India	al Olympics Indiana Technology Center Dri napolis, IN 46278 317) 328-2018	ve, Suite 105



Homework: Wrap up Reflection (answer after class)

Think about what you have learned in the course and answer these questions. Keep these answers to submit with your practicum application.

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How do you think the leadership behaviors you learned will change the way you lead?
How can the skills discussed in the course improve your leadership ability?
What are some ways you say use the skills you learned to share your leadership story?
What are some ways you can use the skills you learned to share your leadership story?



Practicum Reflection Questions (answer 4 months after the course)

Peffect on your leadership over the past 4 months. Submit these answers with your practicum

application. Due Date:
How has your leadership changed over the last 4-months? Please provide an example if possible.
Describe which behaviors and skills you have most improved as a leader.
What is your plan for your continued growth as a leader?