



Share Today. Shape Tomorrow.

Join Community Connections

This year has been a lonely and isolating time for a lot of people. Community Connections is a chance for people in Marion County to join activities and a free smartphone app to help us reconnect with one another!

What does Community Connections include?

- **Free** access to the Quillo Connect app, including hundreds of videos to watch and share with others. *See the box below for details.*
- Join monthly virtual activities, hosted by our partners:



What kinds of videos will I see on Quillo Connect?

The partners listed above will make videos to share ideas to stay connected and avoid social isolation. Videos are in six [LifeCourse](#) categories: **Daily Life & Employment, Community Living, Social & Spirituality, Healthy Living, Safety & Security, and Advocacy & Engagement.**

What kinds of virtual activities can I join?

Partner organizations will host a variety of online sessions, such as yoga, cooking classes, art, chat rooms, hangouts, bingo, dance parties, and more. Watch for a weekly calendar with information on how to register for each activity.

How do I sign up?

Community Connections is **free** to join. If you are a person with an intellectual or developmental disability and you live in Marion County, download the "Quillo" app from the App Store to sign up. More details are available on the [Steps to Join Quillo Connect Flyer](#).

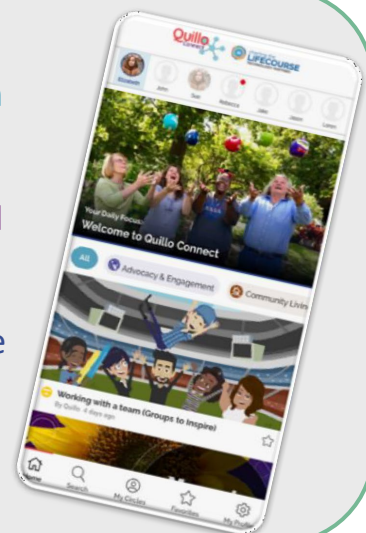
What is Quillo Connect?

New smartphone app connecting people with I/DD, families, and friends to resources.

Create Circles of Support and invite family and friends to join.

Watch short 1-minute videos that share stories and ideas.

Learn more at www.myquillo.com/Connect



Thank you to our funders for supporting this program: Indiana Office of Community and Rural Affairs (OCRA), the City of Indianapolis, and the Family and Social Services Administration (FSSA).

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