



Schedule for Powerlifting 2018 Summer Games

SPORT MANAGEMENT TEAM:

Bill Newby • Becki Newby • Dave McMannus

Friday, June 8

Coaches Meeting and Competition

12:00pm Weigh-Ins (F to 158lbs; M to 183lbs)
12:30pm Coaches Meeting
1:00pm Warm-Ups
1:30pm Competition (F to 158lbs; M to 183lbs)

Saturday, June 9

Coaches Meeting and Competition (Morning Session)

9:00am Weigh-Ins (F 159lbs up; M 184lbs up)
9:30am Coaches Meeting
10:00am Warm-Ups
10:30am Competition (F 159lbs up; M 184lbs to 231lbs)

Saturday, June 10

Competition (Afternoon Session)

1:00pm Warm-Ups
1:30pm Competition (M 232lbs up; All Unified)

Friday Coaches Meeting - Weight Classes (F to 158lbs; M to 183lbs)

Coaches, please check in at Tournament Operations in the Weight Room located in the HHS Building at **12:00pm**. At that time, the Powerlifting Management Team will complete the weigh-ins followed by the coaches meeting. Athletes will then have an opportunity to warm-up at **1:00pm**. Competition will begin at **1:30pm**.

Saturday Coaches Meeting - Weight Classes (F 159lbs up; M 184lbs up; Unified)

Coaches, please check in at Tournament Operations in the Weight Room located in the HHS Building at **9:00am**. At that time, the Powerlifting Management Team will complete the weigh-ins followed by the coaches meeting. Athletes competing in the morning session will have warm-up time at **10:00am** followed by competition at **10:30am**. Athletes competing in the afternoon session will have warm-up time at **1:00pm** followed by competition at **1:30pm**.