

# EKS Games - Equestrian



Grooming and Tacking	<b>MODIFIED EVENTS</b> Horse Parts Identification	Spoon Race
Barrel Race Dressage Drill Team 2-person Drill Team 4-person Driving	<b>TRADITIONAL EVENTS</b> English Equitation English Trail Prix Caprilli Showmanship Stake Race	Team Relay Western Equitation Western Trail
Unified Team Relay	<b>UNIFIED EVENTS</b> Unified Drill Team 2-person	Unified Drill Team 4-person

The Official Special Olympics Sports Rules for Equestrian shall govern all Special Olympics competitions. Special Olympics has created these rules based upon Federation Equestre Internationale (FEI) rules, which shall be employed except when they are in conflict with the Official Special Olympics Sports Rules for Equestrian.

## RULES OF COMPETITION

### UNIFORM & EQUIPMENT SPECIFICATIONS

1. All athletes **MUST** wear a SEI-ASTM approved helmet when working with a horse.
2. All athletes must wear long pants. While show clothes are appropriate for the class entered are highly encouraged, they are not required. Jeans and/or khakis may be worn. Shirts must have sleeves. No tank tops, halter tops, tube tops, etc. allowed.
3. All athletes are required to wear hard-soled boots with a heel. If an athlete cannot wear this type of boot, a form from a doctor is required.

### COMPETITION RULES

1. No qualification scores are required.
2. Individuals will be placed in competitive divisions by the Equestrian Sport Management Team according to riding level and assistance needed.
3. Individuals from the same County Program may be placed in the same division.
4. When entering trail class, athletes must enter a class appropriate to their tack and riding style.
5. Each event must have at least three (3) entries. The Equestrian Sport Management Team reserves the right to cancel any event with less than three (3) entries.
6. Coaches of Equestrian delegations **MUST** have been certified by attending a Special Olympics Equestrian Coaches Training School.

### GENERAL RULES

1. Event Limits
  - a. In Levels B & C: Athletes may enter up to two (2) mounted and two (2) unmounted events.
  - b. Level A athletes may enter all mounted classes they choose.
  - c. Athletes must stay within their selected level.
  - d. Athletes who choose supported classes in mounted events may choose independent classes in unmounted classes and vice versa.
  - e. All mounted or all unmounted classes must be performed at the same level.
  - f. Driving is considered an unmounted event.
2. Levels
  - a. The level system within the format of a regular horse show provides coaches with an effective guide for assessing athletes' abilities and placing them in the most appropriate events. The approach is consistent with the Special Olympics philosophy that coaches shall ensure that athletes compete in events within their sport which challenge their potential and are appropriate to their ability.
  - b. The level system is as follows
    - i. Level A = walk, trot, and canter;
    - ii. Level B = walk and trot; and
    - iii. Level C = walk.
3. Classes
  - a. Supported Classes
    - i. Refers to any help inside the riding arena.
    - ii. This support may consist of a horse handler, one (1) or two (2) sidewalker(s) or any combination thereof.
    - iii. Readers are not classified as support.
    - iv. The athlete's coach may not be support.
    - v. Athletes are required to be in control of their horse.
    - vi. Support is for safety only.
  - b. Independent Classes
    - i. May have no assistance upon entering the arena.
    - ii. If any support enters the arena during the class, the athlete will be disqualified.
    - iii. Spotters will be placed around the arena for safety purposes.
    - iv. Readers are allowed.